

## RESEARCH ARTICLE

## Flavone from Zhongjiefeng (*Herba Sarcandrae Glabrae*) inhibits platelet apoptosis in immune-induced bone marrow failure through mitochondrial pathway

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### Abstract

**OBJECTIVE:** To investigate the effect of Flavone from Zhongjiefeng (*Herba Sarcandrae Glabrae*) on the platelet number in immune-induced bone marrow failure (BMF) and its mechanism of mitochondrial apoptotic pathway.

**METHODS:** Immune-induced BMF model, established in mice, was randomly divided into four groups: normal control group without BMF, BMF control group, cyclosporine (CSA) group and flavone group ( $n = 10$  in each group). Mice were given 0.027 g/kg cyclosporine or 0.2 g/kg flavone lavage daily in either the cyclosporine or flavone group respectively. Platelet count, mitochondrial transmembrane potential ( $\Delta\Psi_m$ ), cytochrome C (Cyt C), phosphatidylserine (PS), changes of calcium ion ( $Ca^{2+}$ ), and protein expression of mitochondrial apoptotic pathway including B-cell lymphoma-2 (bcl-2) Homologous Antagonist-Killer Protein (Bak), bcl-2-associated X protein (Bax), caspase-3, caspase-8, and caspase-9 were examined and compared.

**RESULTS:** Compared with the normal control group, the BMF group had significantly lower levels of platelet count,  $\Delta\Psi_m$ , and expressions of caspase family proteins as well as higher levels of Cyt C, PS,  $Ca^{2+}$ , and expressions of Bak and Bax (all  $P < 0.05$ ). Compared with the BMF group, the CSA and flavone groups had significantly higher  $\Delta\Psi_m$  and expressions of caspase family proteins (all  $P < 0.05$ ) whereas the levels of Cyt C, PS,  $Ca^{2+}$ , and expressions of Bak and Bax were reduced (all  $P < 0.05$ ). More importantly, the flavone group had higher levels of Cyt C,  $Ca^{2+}$  and expressions of Bak and Bax compared with the CSA group (all  $P < 0.05$ ), while the levels of PS and caspase family proteins were reduced (all  $P < 0.05$ ).

**CONCLUSION:** Flavone from Zhongjiefeng (*Herba Sarcandrae Glabrae*) significantly increases the platelet number and prevents its apoptosis through mitochondrial pathway.

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**Keywords:** Flavone; Herba Sarcandrae; Mitochondria; Apoptosis regulatory proteins

## INTRODUCTION

Bone marrow failure (BMF) is a type of diseases characterized by reduced blood cell regeneration capability,<sup>1</sup> especially the platelet regeneration, which threatens life. Excessive platelet apoptosis is one of the pathogenic causes for immune-induced BMF. Mitochondrial apoptotic pathway is one of the important pathways modulating platelet apoptosis. The mechanisms include early manifestation of reduction in mitochondrial transmembrane potential ( $\Delta\Psi_m$ ) and formation of mitochondrial permeability transition pore (MPTP) followed by multi-transportation of mitochondrial proteins to cytoplasm to exert a pro-apoptotic effect. Pro-apoptotic proteins translocate to mitochondria and cytochrome C releases from mitochondrial intermembrane space to cytoplasm. In platelet, cysteinyl aspartate specific proteinase (caspase)-8, caspase-9 and caspase-3 are activated subsequently, hence splitting cytoskeleton. The membrane phosphatidylserine (PS) is then exposed extracellularly and the platelet then undergoes shrinking, dropping of microparticles and apoptosis.<sup>2</sup> The commonly-used medication for thrombocytopenia is cyclosporine (CSA), which exerts its effect through inhibiting apoptosis by mitochondrial pathway.<sup>3</sup> As found out by our previous pilot study, mitochondrial pathway inducing platelet apoptosis could lead to abnormal blood coagulation and hemorrhage.<sup>4</sup> Zhongjiefeng (*Herba Sarcandrae Glabrae*) is the dried whole-plant of Chloranthaceae Caoshanhu and a type of commonly-used Traditional Chinese Medicine (TCM) with its effect on "promoting blood circulation, eliminating mass and relieving swelling, and cooling blood and hemostasis". Clinically, it has been prescribed for hemorrhagic disease caused by thrombocytopenia. Current study has found out the major chemical composition of Zhongjiefeng (*Herba Sarcandrae Glabrae*) includes sesquiterpenes (atractylenolide-II, III, IV, and chloranthalactone A, B, E, F and G), flavone (isoliquiritigenin, isoliquiritin and 7-O-methyl naringenin), coumarins (isofraxidin, fraxidin and fraxin), organic acids (fumarate, succinic acid and chlorogenic acid) and volatile oils.<sup>5</sup> Total flavonoids from Zhongjiefeng (*Herba Sarcandrae Glabrae*) is the effective component. Previous mouse research has demonstrated its effect on promoting proliferation of megakaryocytic series,<sup>6</sup> improving the post-chemo therapy thrombocytopenia,<sup>7</sup> increasing white blood cells and platelet count.<sup>8</sup> However, its mechanism has not been elucidated. It still remains unknown whether its effect on increasing platelet count is through inhibiting mitochondrial apoptotic pathway. Therefore, we aim to in-

vestigate the effect of flavone from Zhongjiefeng (*Herba Sarcandrae Glabrae*) on the platelet number in mice with immune-induced bone marrow failure and elucidate whether its effect is through mitochondrial apoptotic pathway.

## MATERIALS AND METHODS

### Animal

Forty C57BL/6 mice (20 male and 20 female mice) aged from 8 to 12 weeks, weighing ( $20 \pm 2$ ) g were purchased from Shanghai Slac Laboratory Animal Corporation (Shanghai, China). Mice were housed in the animal center of the company with free access to water and food. The animal approval number was SCXK 2012-0002. The study was approved by the experimental animal ethics committee of Shanghai Baoshan hospital of Integrated Traditional Chinese and Western Medicine.

### Flavone and cyclosporine preparation

Flavone from Zhongjiefeng (*Herba Sarcandrae Glabrae*) is isolated and purified by using HPD400 macroporous adsorptive resin.<sup>9</sup> Its characteristic figure by high performance liquid chromatography (HPLC) is presented in Figure 1. Cyclosporine (S0408, 25 mg  $\times$  50 tablets, Novartis Pharma, Freiburg Area, Germany) is made into 4 mg/mL solution with sterile saline. Lavage solution is then diluted to 0.1 mL per 10 grams of mouse weight.

### Bone marrow failure animal model

The animal model of bone marrow failure is established by following method from Liu *et al.*<sup>10</sup> Briefly, thymus glands were dissected from DBA/2 mice sacrificed by cervical dislocation, filtered through Nylon filters and passed through the size-4 syringe needle to form single-cell suspension. Trypan Blue staining was used to assess the cell viability, hence determining the cell number. A total of  $1 \times 10^6$  cells were then administered through the tail vein of a C57BL/6 mouse for 4 h after exposure to <sup>60</sup>Co- $\gamma$  radiation [5.5Gy (1.1 Gy/min  $\times$  5 min)]. Three days after modeling, peripheral blood was drawn from the mouse-tail vein and detected by the automatic blood cell analyzer. When pancytopenia was shown, it suggested that the model was successful.

### Study design

Forty C57BL/6 mice were randomly assigned to four groups with 10 mice in each group: normal control group, BMF control group, CSA group and flavone group. Mice of the normal control group were healthy C57BL/6 mice without BMF modeling. Mice of the BMF control group were exposed to radiation and cell transfusion and had no treatment with either CSA or flavone. Mice of the CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA whereas the

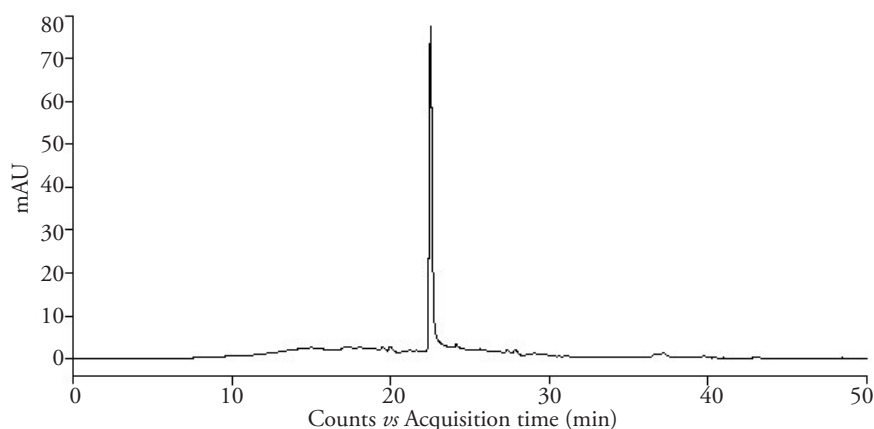


Figure 1 Characteristic figure of Zhongjiefeng (*Herba Sarcandrae Glabrae*) by HPLC method  
HPLC: high performance liquid chromatography. The retention time of hydrolysis products was 21 min.

mice of the flavone group received daily lavage with 0.2 g/kg of flavone. Mice of the normal control group and BMF control group received daily lavage with the same volume of saline. All lavage interventions continued for 3 consecutive days.

#### **Platelet count and preparation for washed platelet**

After 3 days of lavage, 10% of chloral hydrate was intra-abdominally administered with a concentration of 0.005 mL/g for anesthesia. Blood was then drawn from the tail vein for complete blood count by using the auto-analyzer (Sysmex XE-2100, Sysmex Co., Ltd., Kobe, Japan). Platelet rich plasma (PRP) was obtained by combining 1 mL of whole blood with 7ml of ACD (2.5% sodium citrate, 2.0% glucose, and 1.5% citric acid) and centrifuged at 1300 rpm for 20 min (FRES-CO 17 centrifuge, Thermo Fisher Scientific Co., Ltd., Waltham, MA, USA). Modified Tyrode's buffer (pH 7.4; 2.5 mM Hepes, 150 mM sodium chloride, 2.5 mM potassium chloride, 1mM calcium chloride, 1 mM magnesium chloride, 12 mM sodium bicarbonate and 5.5 mM glucose) were used for re-suspension of PRP. Washed platelet suspension was then obtained and the cell counter chamber was used for platelet counting. The washed platelet suspension was then diluted to a concentration of  $3 \times 10^8$ /mL and rested at the room temperature for 60 min.

#### **Flowcytometry assay**

Platelet  $\Delta\Psi_m$ , Cyt C, PS and  $Ca^{2+}$  were examined by flowcytometry (CYTOMICS FC 500, Beckman Coulter Co., Ltd, Brea, CA 92821, USA).

#### **Western blotting**

Protein expression of Bak, Bax, caspase-3, caspase-8, and caspase-9 were examined by western blotting by using  $\beta$ -actin as internal control. Protein electrophoresis was performed by using Mini Protein 3 Cell (Bio-Rad Co., Ltd., Hercules, California, USA). BandScan software was used for analyzing the signal intensity of each protein band and calculating the level of expression.

#### **Statistical analysis**

All data are presented as mean  $\pm$  standard deviation ( $\bar{x}$

$\pm s$ ). Data analysis was made by SPSS software (SPSS Inc., Chicago, IL, USA). Quantitative data was compared by using the test whereas categorical data were compared by  $\chi^2$  test. Multi-group comparison was performed by one-way analysis of variance. Less than 0.05 was considered as statistically significant.

## **RESULTS**

#### **Platelet count number**

Compared with mice of the normal control group, the mice of the BMF group were marked by significantly less platelet count ( $P < 0.05$ ). On the contrary, mice of the CSA and flavone lavage groups had significantly higher platelet count than mice of the BMF group ( $P < 0.05$ ). Therefore, treatment of both CSA and flavone served to restore the platelet count in mice with bone marrow failure (Figure 2).

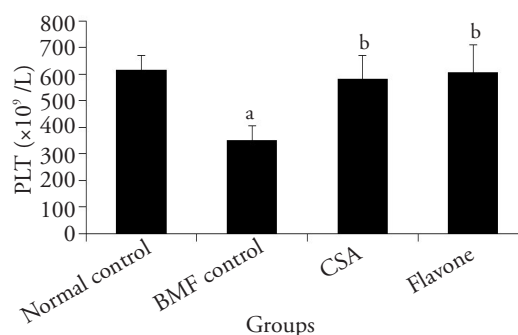


Figure 2 Platelet count number in four groups of mice  
Normal control group and BMF control group received daily lavage with 0.1 mL/10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup> $P < 0.05$ , vs normal control, <sup>b</sup> $P < 0.05$ , vs BMF control.

#### **Changes in mitochondrial transmembrane potential and biochemics**

Mice of the BMF group significantly reduced  $\Delta\Psi_m$  as compared with mice of the normal control ( $P < 0.05$ ) whereas CSA and flavone treatments increase  $\Delta\Psi_m$ . However, it was still significantly lower than the nor-

mal control ( $P < 0.05$ ) (Figure 3). Levels of Cyt C, PS and  $Ca^{2+}$  were significantly higher in the BMF group *vs* control but they were all remarkably reduced in the CSA and flavone groups. More specifically, compared with the CSA group, the flavone group also had a higher level of Cyt C, a lower level of PS and a higher level of  $Ca^{2+}$  (Figures 4-6) (both  $P < 0.05$ ).

**Pro-apoptotic protein expressions**

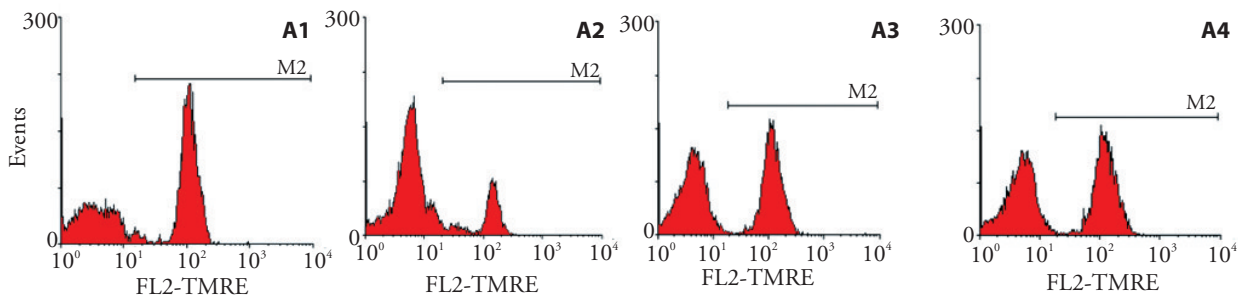
Compared with normal control, BMF mice had significantly higher levels of Bak, Bax, and lower levels of caspase-3, caspase-8 as well as caspase-9 expression (all  $P < 0.05$ ) (Figure 7). Treatment of both CSA and flavone reduced Bak and Bax levels significantly compared with BMF mice. However, flavone treatment still showed higher expression than CSA ( $P < 0.05$ ). BMF mice also had significantly lower expression of caspase proteins than normal control whereas treat-

ment of both CSA and flavone increased these levels. Flavone shows less potent effect than CSA in increasing these protein expressions (all  $P < 0.05$ ).

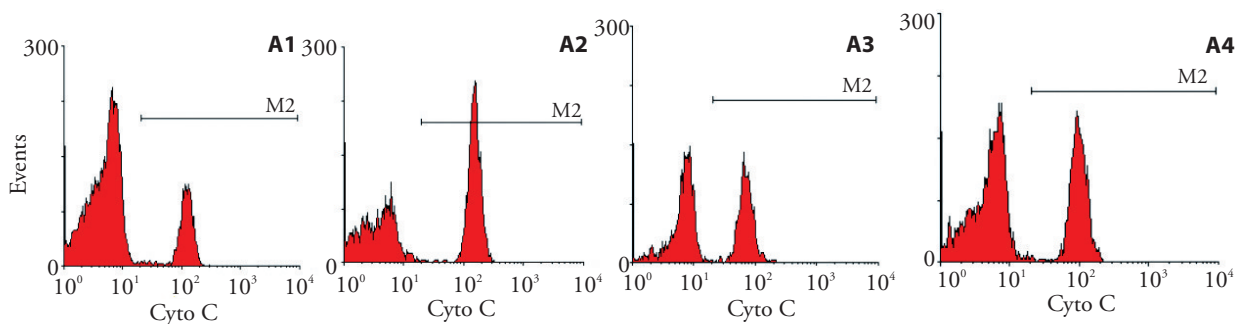
**DISCUSSION**

This study demonstrates a platelet protective effect by flavone subtracted from Zhongjiefeng (*Herba Sarcandrae Glabrae*) through inhibiting mitochondrial apoptotic pathway in mouse immune-induced bone marrow failure. Flavone significantly restores the platelet number, mitochondrial transmembrane potential and modulate pro-apoptotic protein expressions.

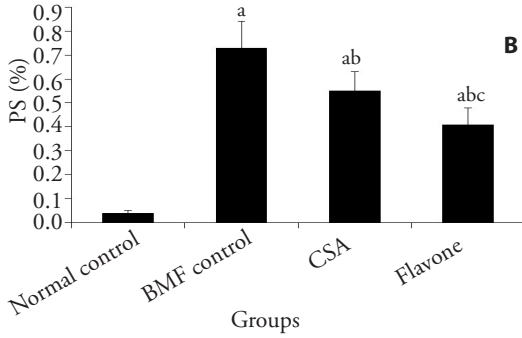
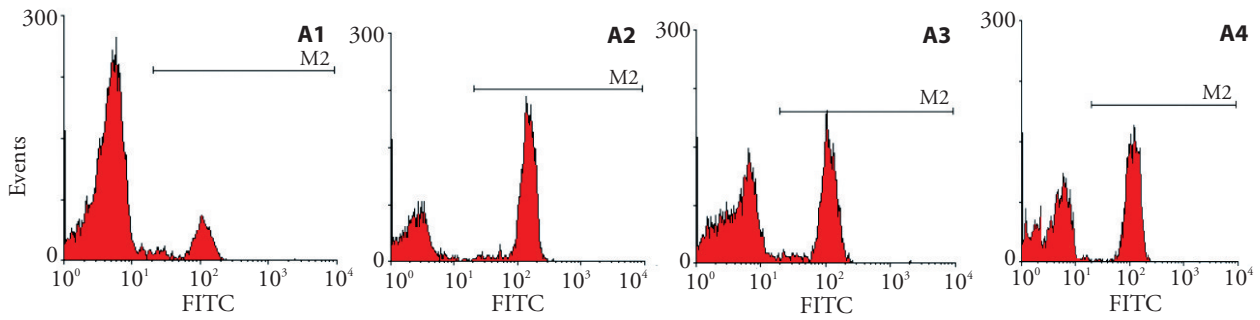
This finding is of great significance as it indicates a new drug candidate. Thrombocytopenia in BMF is associated with an increased risk of hemorrhage, and is a thorny problem in the clinic.<sup>11</sup> Current treatments of



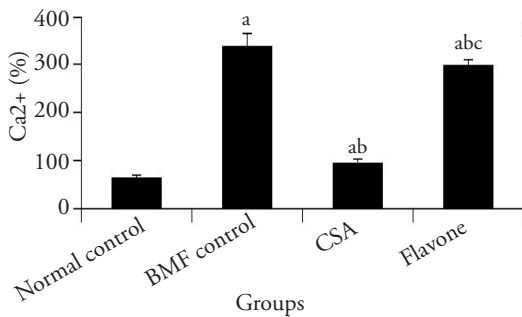
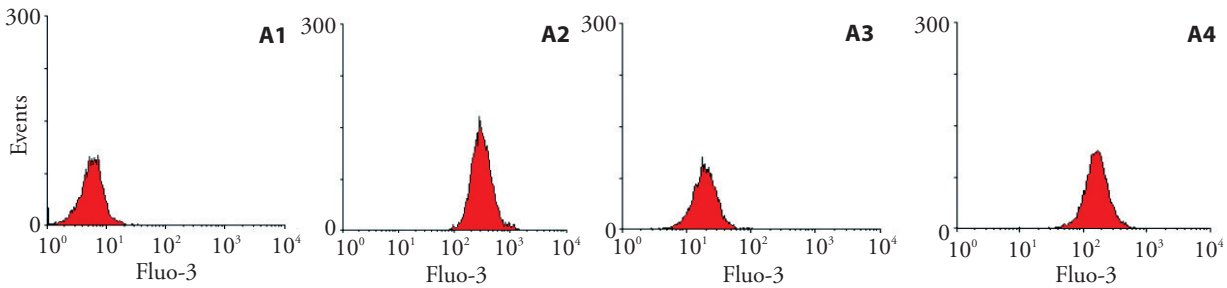
**Figure 3** Mitochondrial transmembrane potential in four groups of mice  
**A:** mitochondrial transmembrane potential ( $\Delta\Psi_m$ ) by flow cytometry; **B:**  $\Delta\Psi_m$  comparisons between four groups. A1: normal control; A2: BMF control; A3: CSA group; A4: flavone group. Normal control group and BMF control group received daily lavage with 0.1 mL /10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup> $P < 0.05$  vs normal control, <sup>b</sup> $P < 0.05$  vs BMF control.



**Figure 4** Cytochrome C (Cyt C) levels in four groups of mice  
**A:** Cyt C examined by flow cytometry; A1: normal control; A2: BMF control; A3: CSA group; A4: flavone group; **B:** comparisons of Cyt C levels. Normal control group and BMF control group received daily lavage with 0.1 mL /10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup> $P < 0.05$  vs normal control, <sup>b</sup> $P < 0.05$  vs BMF control, <sup>c</sup> $P < 0.05$  vs CSA group.



**B** Figure 5 Phosphatidylserine (PS) levels in four groups of mice A: PS examined by flowcytometry, A1: normal control; A2: BMF control; A3: CSA group; A4: flavone group; B: comparisons of PS levels. Normal control group and BMF control group received daily lavage with 0.1 mL/10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup>*P* < 0.05 vs normal control, <sup>b</sup>*P* < 0.05 vs BMF control, <sup>c</sup>*P* < 0.05 vs CSA group.



**B** Figure 6 Calcium ion levels in four groups of mice A: Ca<sup>2+</sup> examined by flowcytometry, A1: normal control; A2: BMF control; A3: CSA group; A4: flavone group; B: comparisons of Ca<sup>2+</sup> levels. Normal control group and BMF control group received daily lavage with 0.1mL/10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup>*P* < 0.05 vs normal control, <sup>b</sup>*P* < 0.05 vs BMF control, <sup>c</sup>*P* < 0.05 vs CSA group.

thrombocytopenia include the transfusion platelet and  $\gamma$ -globin and glucocorticoid therapy. However, blood transfusion, commonly used in patients with severe thrombocytopenia, is limited to blood supply, and more importantly, it can induce platelet antibodies which hamper the treatment efficacy.  $\gamma$ -globin transfusion is expensive and glucocorticoid therapy has multiple side-effects. Therefore, searching for new therapy approach is of great importance. Abnormality in the platelet number and function is the leading cause for platelet-associated diseases.<sup>12</sup> Recent research has shown that platelet apoptosis is regulated mainly through the endogenous pathway.<sup>13</sup> As also shown by previous studies, mice with immune-induced bone marrow failure had peripheral cytopenias including thrombocytopenia, accompanied with reduction in apoptotic protein expressions such as caspase-8 and caspase-3, suggesting the etiology of thrombocytopenia in BMF is related to apoptosis modulation.<sup>14,15</sup> Current re-

search has drawn much attention targeting at platelet apoptosis pathway in hope of new drug invention,<sup>16</sup> in which Traditional Chinese Medicine could be a novel source. In TCM, platelet-associated diseases are treated by "clearing heat, cooling blood and hemostasis". Zhongjiefeng (*Herba Sarcandrae Glabrae*), as this type of TCM, is widely used in treating hemorrhage diseases including macules due to blood heat-rash, rheumatic arthralgia, and traumatic injury. Our study demonstrates a platelet protective effect of flavone, which is the effective component from Zhongjiefeng (*Herba Sarcandrae Glabrae*).

We have also demonstrated that the effect of flavone is through inhibiting platelet apoptosis via mitochondrial pathway. It restores  $\Delta\Psi_m$  level, reduces the translocation of pro-apoptotic proteins, hampers the release of Cyt C from mitochondrial intramembrane space to cytoplasm and the lysis of cytoskeleton, and finally, inhibit platelet apoptosis. The effect of flavone is close to

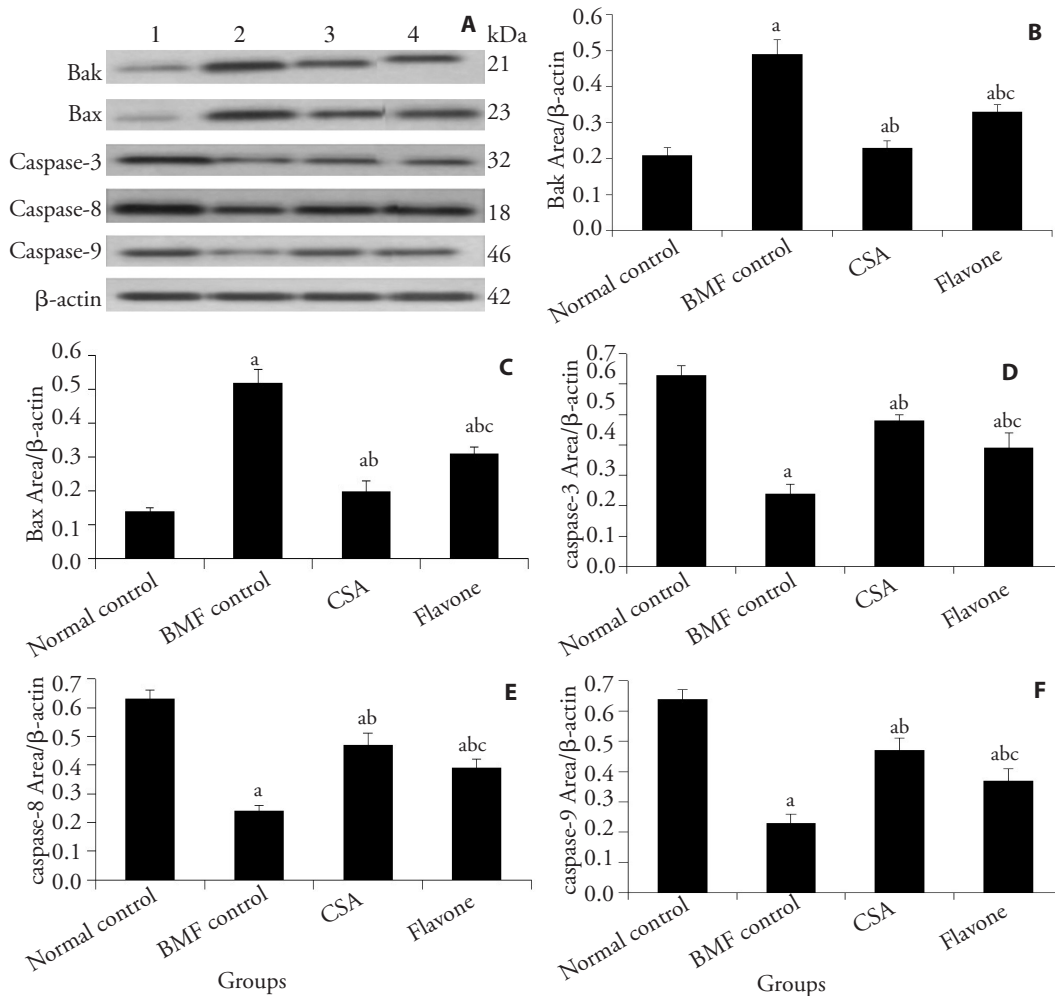


Figure 7 Pro-apoptotic protein expressions in four groups of mice

A: blots of pro-apoptotic protein expressions in each group; B-F: bar graph showing the expressions of Bak, Bax, caspase-3, caspase-8, caspase-9, respectively. 1: normal control; 2: BMF control; 3: CSA group; 4: flavone group. Normal control group and BMF control group received daily lavage with 0.1 mL/10 g saline solution. The CSA group received daily lavage with 0.027 g/kg (0.1 mL/10 g) of CSA. The flavone group received daily lavage with 0.2 g/kg of flavone. All lavage interventions continued for 3 consecutive days. Bak: B-cell lymphoma-2 (bcl-2) homologous antagonist-killer protein; Bax: bcl-2-associated X protein; BMF: bone marrow failure; CSA: cyclosporine. <sup>a</sup>*P* < 0.05 vs normal control, <sup>b</sup>*P* < 0.05 vs BMF control, <sup>c</sup>*P* < 0.05 vs CSA group.

that of CSA, indicating that they may share similar mechanism to exert their therapeutic effect on treating immune-induced BMF.

In conclusion, flavone increases the platelet number and prevents its apoptosis in immune-induced bone marrow failure *via* the mitochondrial pathway. Future study with other animal models or randomized control trials in patients with bone marrow failure could further elucidate the usefulness and weakness of flavone application in clinical setting.

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